

PROLIFE FACTS

Pregnancy Counselling Services is a non-profit, non-religious and non-political organisation, which provides free counselling and other support to anyone experiencing an unplanned or worrying pregnancy.

When faced with a crisis pregnancy, it is normal to feel upset, panicked, isolated and anxious about the situation. PCS counsellors are always available to talk, 24 hours a day, 7 days a week. PCS has been in existence for over thirty years, and has helped many women, men and families cope with crisis pregnancy. Most counselling is over the phone, but they can also arrange for face to face counselling, provide material help, connect people with other services they may need, and will be there for as long as they are needed. PCS also provides recovery counselling for women and men suffering post-abortion trauma. It is reassuring to know that there are caring people there to help, at the end of the phone, offering positive support at what can be a very difficult time in many people's lives.

PCS has a 24-hour toll-free number: 0800 773 462. Inquiries about training to become a PCS counsellor are very welcome.

Half page
95 x 128.5

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Eighth page
47.5 x 128.5

Quarter page
95 x 64

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31/7/11